

## The Spice Route Movement South Asia region



### The Spice Route Council Meetings

The Country leads of the Spice Route Council regularly meets virtually via Skype every first Sunday of the month to discuss and plan the future activities.

### Appointment of Treasurer in the Spice Route Regional Council

Dr Anik Biswas from Bangladesh was appointed as the Treasurer for the Spice Route Regional Council.



Dr. Anik Biswas



Dr. Wangdi Norbu



Dr. Sonam Choki

### New office bearers appointed for the Spice Route Bhutan

The Spice Route Bhutan appointed their new office bearers in August. Kinley Bhuti continues to be the Chair, however Dr. Sonam Choki and Dr. Wangdi Norbu have been appointed as National Secretary and FM360 National Coordinator respectively.

### Commemoration of Important Days

The Spice Route initiated a fresh project of identifying some important days and celebrating them as regional activities from last June. Such commemorations are in the form of either circulating social media messages or videos benefiting the general public or conducting virtual sessions for family doctors. Zoom sessions and WONCA Webinar were conducted on days like International Youth Day on 12th August, World Mental Health Day on 10th October, World Diabetes Day on 14th November and World AIDS Day on 6th December, hosted by India, Nepal, Pakistan and Sri Lanka respectively.

### **Regular CPD Activities**

A virtual platform of regular CPD activities for young doctors of their respective countries have been organized by Sri Lanka, India and Pakistan by the name of GPs' Café , Spice Route Classroom and The Lounge, respectively.

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